



## FC Dallas Elite Residential Camp Schedule

Day	Date	7:00-8:30am	8:45am	9:00-12pm	12:15-1:45pm	2pm	2:15-4pm	5:15-6.30pm	6:30pm	7-9pm	10:30pm
Sunday		<b>Hotel Check in 3:00-4:30pm</b>  <b>5:00-5:15pm Camp Orientation Meeting</b>						Dinner	<b>Lecture</b>  Role of the Professional Player	<b>Field</b>  World Cup Tournament	Lights Out Room check
Monday		Breakfast	<b>Lecture</b>  The FC Dallas Way	<b>Field</b>  First touch, creating space & possession	Lunch	<b>Lecture</b>  Physiology and Injury Prevention	<b>Field</b>  First Touch II	Dinner	<b>Skills Challenge</b>	<b>Field</b>  World Cup Tournament	Lights Out Room check
Tuesday		Breakfast	<b>Lecture</b>  Constructing the Attack	<b>Field</b>  Attacking Principles	Lunch	<b>Lecture</b>  Shooting vs. Finishing	<b>Field</b>  Finishing	Dinner	<b>Skills Challenge</b>	<b>Field</b>  World Cup Tournament	Lights Out Room check
Wednesday		Breakfast	<b>Lecture</b>  Defending	<b>Field</b>  Defending Principles	Lunch	<b>Lecture</b>  Systems of Play	<b>Field</b>  Finishing II	Dinner	<b>Skills Challenge</b>	<b>Field</b>  World Cup Tournament	Lights Out Room check
Thursday		Breakfast	<b>Field</b>  World Cup Tournament	<b>Final Analysis</b>  10.30am Stadium Club	<b>11:00am End of Camp</b>  <b>Check out of Hotel</b>						

\*\*Schedule subject to change – Always check with coaching staff for updates